

Wellbeing Services



Physiotherapy



A wide range of physiotherapy resources for clients to access.

Counselling



Private and confidential therapy sessions with BACP Counsellors.

GP Service



Receive a consultation and speak to a fully qualified GP 24/7.

Nurse Support



NMC-registered nurses offering support with any health concerns.

Menopause Support



Qualified Nurses trained to provide support for menopause queries.

Mindfulness



A range of Mindfulness support to help manage stress and anxiety.

Weight Management



Specialist fitness and nutrition support through our SAS GYM service.

Happier Healthier You



A series of wellness programmes, curated by our team of experts.

Plus More!

Health Screening Day

Cancer & Chronic Illness Support

Pupil Wellbeing

Wellbeing Contact Numbers:

Counselling

01773 814402

Wellbeing Enquiries

01773 814404

Physiotherapy

01773 814403

Pupil Wellbeing

01773 814095

Integrated GP Service

01773 447522

Download Our App:

Scan here and download our 'School Wellbeing' App to access your services.

